WOW Ladies Follow FIDO



Women of the Word Calvary Road Baptist Church

Ladies Retreat — FILL MY CUP February 24-25

Ladies mark your calendar to attend the Ladies Retreat February 24 - 25, 2006 in Fredericksburg, Va. Our theme this year is "Fill My Cup". Matthew 5:6 "Blessed are they which do hunger and thirst after righteousness: for they shall

be filled." Plan now to take the time from your busy schedule to be refreshed, fellowship with other women, and grow spiritually. Our own Sue Evans will be our keynote speaker this year. This year we are bringing back the much-loved mini sessions on a variety of topics of interest to women. We will also have time to get to know each other better while shopping and during a special tea time. Plan now to attend and invite a friend. Contact Linda Rhodenhizer at 703-922-7365 for more information.

JESUS MAKES CHANGE POSSIBLE

January—Blessed are the merciful for they shall obtain mercy.

February—Blessed are those who hunger and thirst for righteousness for they shall be filled.

March—Blessed are the pure in heart for they shall see God.



Ladies TEA January 21

. Are you looking for a break from winter? Come join our ladies for a Winter Tea on January 21, at 2pm in the Gymnasium. Invite a friend, neighbor, relative, or co-worker to join you, and enjoy an afternoon of fellowship, beautiful music, sharing and just feeling pampered. Take this opportunity to delight your taste buds as you taste wonderful teas, tea sandwiches, and delicious desserts. Come also to delight and nourish your spirit as we focus on Mercy. "Blessed are the merciful, for they will be shown mercy". Childcare will be provided. Sign up at the Women's Ministry Table in the foyer beginning December 4. For more information, contact Penny Shawler at 703 212-7655.

7-Up Challenge Supper March 18



Blessed are the pure in heart for they shall see God. On Saturday March 18 at 5pm,

we will share the 7-up challenge and explore how we can be pure in heart and see God.—how to live a holy and clean life with a single heart that is not divided between God and the world. Dinner will include 7-up salad, 7-up cake, and other food, refreshments and beverages that include the number 7. Enjoy

fellowship, food, teaching, testimony, sharing, and maybe even a game or two. Child care will be provided. Cost is \$7. Sign up at the Women's Ministry Table begins in early February. If you have any questions, contact Debbie Arthur at 703-451-0422 or debbie@judeministries.org.





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Mark these Dates on your Calendar:

- Easter Adventure— April 7
- Mother Daughter Banquet May 12
- Jill Briscoe Video June 12
- Women of Faith– July 21-22

Memorize the Beatitudes this Year—Matthew 5:3-10

Beth Moore: The Patriarchs: Encountering the God of Abraham, Isaac, and Jacob—Taken primarily from Genesis, chapters 12–50, Beth provides fascinating details from the lives of the patriarchs. She explores important concepts such as blessing, covenant, and promise, and how they forever shaped the lives of Abraham and his descendents. Through this remarkable study, participants will discover God's pursuit of relationship and the unfolding of His earthly plan: How through one nation—and ultimately one man—all people on earth will be blessed. The Patriarchs is full of twists and turns, ruin and redemption, revelation and mystery—and offers fresh insights into how a holy and perfect God continues to seek us out, regardless of whether we are at our weakest and worst, or our best. (Tuesday mornings at the church led by Lisa Hoover 703-317-5289).

Precept Upon Precept Inductive Study. Genesis Part 5: Keeping Your Focus When Your Dreams Are Shattered -- A Study on Joseph -- Chapters 37-50 -- Have you ever been falsely accused or suffered from injustice? This study of Joseph is your manual for handling these painful situations. Learn how to rise above difficulties by trusting God (Tuesday mornings and Friday evenings at the church led by Lorraine Hatcher, 703-922-0697).

Look for announcements on dates for sign up at the Women's Ministry Table.

They Knew Him

Adam knew Him as a beloved Father. Eve knew Him as the original Homemaker. Noah knew Him as the Refuge from the storm. Abraham knew Him as a friend. Moses knew Him as the Redeemer. Rahab knew Him as the gracious Savior. David knew Him as his Shepherd. Elijah knew Him as the Almighty. Daniel knew Him as the Lion Tamer. Mary Magdalene knew Him as the Bondage Breaker. Martha knew Him as the Promise Keeper. Lazarus knew Him as the Resurrection and the Life. Bartimaeus knew Him as the Light of the World. John knew Him as the glorious King upon the throne. Surely you and I can know Him too!

By Anne Graham Lotz

Spring Consignment—March 25

Consign your gently used children's spring/summer clothing, toys, games, books and furniture. 70% of the ticketed value is returned to the consignor. The remaining 30% is donated to the Alexandria Crisis Pregnancy Center. Volunteers are also needed to set up, manage, and break down the sale. Volunteers and Consignors are allowed to shop before it is open to the general public. To consign or volunteer, e-mail your name, address and phone to crbcconsignment@hotmail.com.

Following FIDO



Ladies, it has been a busy fall for many of us, and now we are entering into the winter season. During

this winter season, Jim will undergo back surgery and as a result, I will be spending some time away from my office. I have had the opportunity to prepare and plan for this time. However, although I don't know what the future holds as to the results of Jim's surgery, I also remember times in life when I have been bombarded by the interruptions that all too often occur in our lives. I felt unprepared for the storm. Yet, I have found that God provides in those unanticipated winter seasons. In those seasons, I have clung to Isaiah 43:2 and found it to be true: "When you pass through the waters, I will be with you; And through the rivers, they shall not overflow you. When you walk through the fire, you shall not be burned, Nor shall the flame scorch

Home is not where you live, but where they understand you.

you." God's Word does not say we will not pass through waters, rivers, or walk through fires in our lives. But it promises, that God will be with us, that the waters will not be so high as to overflow or drown us (although sometimes we may feel like we are drowning), and that the fire will not burn us. We have a personal God who cares about each one of us and walks with us through it all. There is a hymn that goes: "Through it all. Through it all. I've learned to trust in Jesus. I've learned to trust in God. Through it all. Through it I've learned to depend upon His Word." And that's where the preparation really begins for the winter seasons, for the interruptions and trials of life-in God's Word. The best way to prepare and to have strength for the waters, river and fire, is to spend time in God's Word, to spend time with God. It is about relationship with our Creator, the holy, powerful, and loving God of the Universe, who wants to surround you with His love. He wants to

fill your life. He understands you. He knows you intimately and longs for you to know Him intimately. He made you and I for relationship with Him first of all and for relationship with others who also know Him. A 19th century poet and philoso-



pher wrote "Home is not where you live, but where they understand you." God understands you and I, and we can be at home with Him, even when it seems like our homes and the rest of our world is falling apart. We can also be at home with other believers who love and understand us. Ladies, I encourage you to spend time in God's Word and build your relationship with the Lord and to strive to love and understand each other so as to provide a place of home for the ladies that you can touch with your life as they also go through the winter seasons of life. This is my heart's prayer and desire for you. Love in Jesus, Debbie Arthur

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Easter Adventure For Girls of All Ages April 7



Hear ye, Hear ye—Girls of all ages. Come to the gym to see what the rage is. On April the 7th at 7pm, Girls of all ages should meet in the gym. You can learn a new craft or play a board game. No matter your choice, you'll be glad you came. And while you are with us, hear beatitude eight. So mark your calendars now, 'cause you won't want to be late.



Single Mom's Monthly Meeting-

Second Tuesday of Every Month at 7pm. Contact Penny Shawler at 703-212-7655.



Video Lending Library

Numerous videos are available for ladies on a variety of topics. Check our list available at the Ministry Table. Contact Debbie Arthur at 703-451-0422 or debbie@judeministries.org if you would like to borrow a video.

Holding on to Heaven While Your Husband Goes Through Hell

We will be continuing a book study that began in September on approximately one Saturday morning each month at 9am through June, led by Debbie Arthur at her home. It is a book applicable to every married woman, no matter the current state



of her marriage. It would also be helpful for women contemplating marriage. Some of the topics in the book are: Setting Your Mind Above, For Better or For Worse, Following God's Guidance, Boundaries, Why Pain?, Tending a jointly owned spiritual garden, Do him good and not evil, Staying true to God, Keep your balance, Putting the Past behind you. The next meeting is Saturday January 7 at 9am. Contact Debbie Arthur at 703-451-0422 or debbie@judeministries.org if you would like to join our ongoing group of ladies.



RECIPES ALA WOW LADIES



isters's Salad

From Sherri Dawson

apple cider vinegar, 2 cups canola oil, 1 homemade), 1 cup sour cream, 1 pkg. med red onion, 2 tbsp yellow mustard, cream cheese-softened, 1 tsp. dried 2tsp salt, 1 cup sugar (can substitute chives, 1/4 tsp.garlic powder, 1/4 cup dry w/Splenda). blender until mixed well.

almonds, 1/2 cup sugar, 3 tbsp butter. Stir continuously over medium heat until PATIENT. Pour onto wax paper to cool.

Salad: Mixed Spring Greens or Red & Green Leaf lettuce, 1/2 to 1 cup craisins, 1 can mandarin orange segments, 2 cups mozzarella cheese (shredded), carmalized almonds. Toss all together with dressing and serve.

Party Potatoes

From Michele Hartman

Dressing: 2 tbsp poppy seeds, 3/4 cup 4 cups mashed potatoes (preferably Place all ingredients in bread crumbs, 1 tbsp. butter melted, 1/2 cup shredded cheddar cheese.

Carmalized Almonds: 1 pkg slivered Mash potatoes with butter (may need to yummy & easy! Husbands & kids love add some milk too). Combine in large bowl: mashed potatoes, chives, garlic, sour it turns caramel colored. You must be cream, cream cheese. Put in buttered 2 qt. Casserole. Combine bread crumbs with butter. Sprinkle on top of potatoes. Bake at 350 for 50-60 minutes. Sprinkle cheese over top last 5 minutes.

Tater Tot Casserole

From Candace Lyons

1lb grnd beef, 1 bag frozen



sweet peas (or other favorite veggie), 2 lbs shredded cheddar cheese, 1 can cream of chicken soup, 1 bag frozen tator tots-Cook grod beef. Putn 13x9 pan lined w/foil. Add can of soup & can of tap water. Stir w/spatula to not rip foil. Add peas. Top w/cheese. Cover w/Tots. Top tots w/more cheese. Bake 350 uncovered 45 minutes or until bubbly. So

Cranberry Salad

From Susan Ireland

Bag of cranberries, bag of mini marshmallows, can of crushed pineapples, cup sugar, cup whipped cream—finely chop cranberries (can use blender), combine all ingredients in bowl a& stir until thoroughly mixed. Enjoy.

> Yum, what fun!

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Follow FIDO - Philippians 3:13b-14 - forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.

Mother Daughter Banquet—May 12



On Friday evening, May 12, join us at the Springfield Hilton for our annual Mother Daughter Banquet.

Ladies will enjoy a fun evening of sump-

tuous food, close knit fellowship, fun, laughter, and devotion. For those without mothers or daughters available, bring a special girlfriend. We will look at how women can be peacemakers. Blessed are the peacemakers for they shall be called sons of God (daughters of God). Look

> for sign up and more information at the Women's Ministry Table beginning in April.





FORGET IT AND DRIVE ON

THROUGH THE BEATITUDES

WOW'S PURPOSE: FOLLOW FIDO

Worship Through Prayer
Instruction in God's Word
Service to the Family of God
Joy to Each Other
Love to the Community

WOMEN
OF FAITH
— JULY 21
AND 22—

